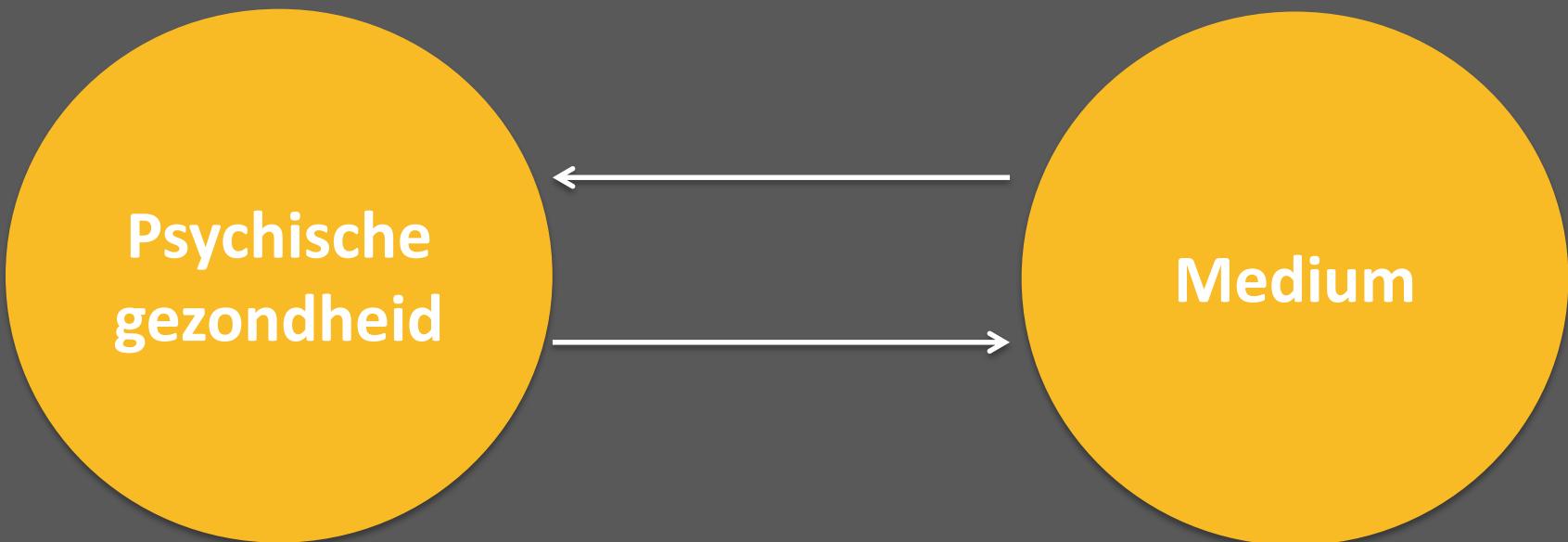


“ART WORKS”

Drs. Ingrid Pénzes

De wederkerige relatie tussen
beeldend vormgeven en psychische
gezondheid





Is dat wel zo?

Psychische gezondheid

Cozolino
Damasio
Dijksterhuis
Greenberg
Hayes
Kahneman
LeDoux
Porges
Ritter & Dijksterhuis
Siegel
Stern
Van der Kolk

Aangestuurd
Niet cognitieve processen

Integratie
Van cognitie en emotie

Veranderd
Ervaringen

**Appelleert aan
Niet cognitieve
processen**

Andreason

Damasio

Smeijsters

Stern



Medium

Verschillende belevings- kwaliteiten

Betensky

Hass-Cohen & Carr

Hass-Cohen & Findlay

Hinz

Hyland Moon

Kramer

Lusebrink

Malchiodi

Rhyne

Rubin

Schnetz

Seiden

Virshup, Riley & Sheperd



Creative Minds

Activeren
verschillende
neurologische
circuits

Belkofer & Konopka
Belkofer, Vaughan Van Hecke
& Konopka

Del Giacco

Dietrich & Kanso

Engelbert & Heidendaal

Kruk, Aravich, Deaver
& deBeus

Liu & Miller

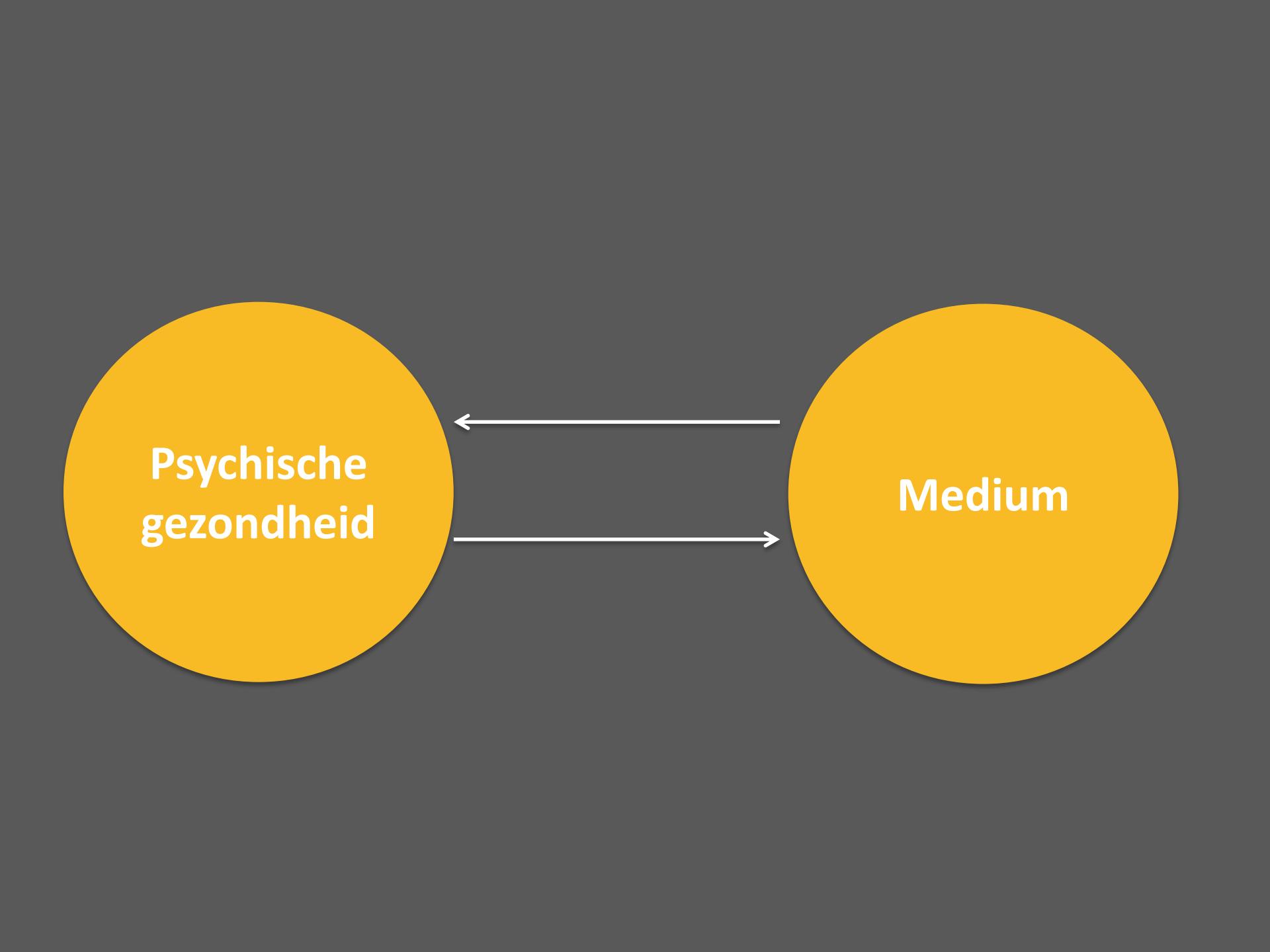
McNamee

Nan

Patterson & Perlstein

Zaidel

Medium

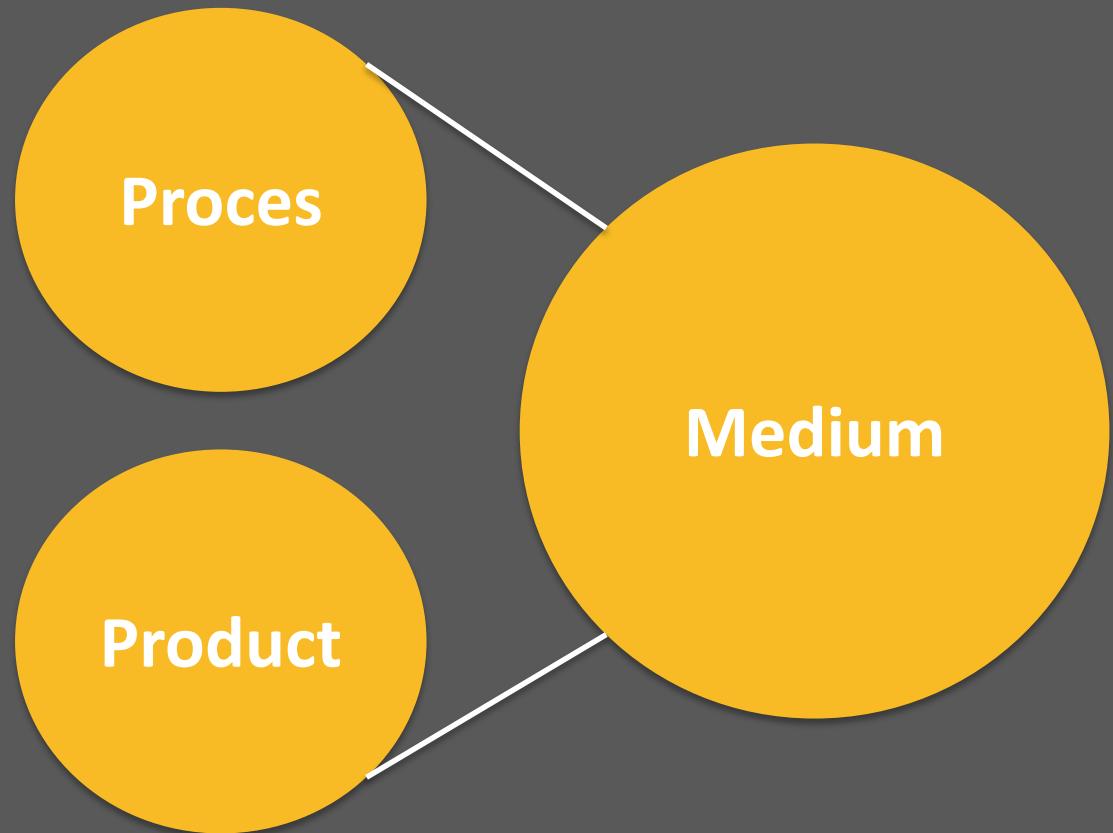


Psychische
gezondheid

Medium

A close-up photograph of a yellow wooden pencil. The pencil has been sharpened, with a dark grey/black lead tip and a light-colored wood body. A single, irregular hole has been bored through the lead near the tip. The background is plain white.

Het lijkt erop van wel...



```
graph LR; A((Psychische gezondheid)) --> B((Beeldend product))
```

Psychische
gezondheid

Beeldend
product

- Welke formele elementen doen er toe?
- En wat zegt dat dan over de psychische gezondheid?
- Wat is de diagnostische waarde van het beeldend product?

Formele elementen

Ruimte

Bladvulling
Ingenomen ruimte
Ruimtesuggestie

Vorm

Geometrie
Contour
Figuratie

Kleur

Kleurhoeveelheid
Kleursaturatie
Kleurmenging
Kleurtonaliteit

Ordening

Symmetrie
Herhaling
Samenhang

Lijnvoering

Lineairiteit
Lijnkwaliteit

Beweging

Dynamiek

Textuur

Formele elementen

Ordening

Herhaling

Contour

Figuratie

Kleursaturatie

Kleur menging

Beweging

Dynamiek

Ordening

- Beweging
- Dynamiek
- Herhaling
- Contour
- Kleurmenging
- Kleursaturatie
- Figuratie

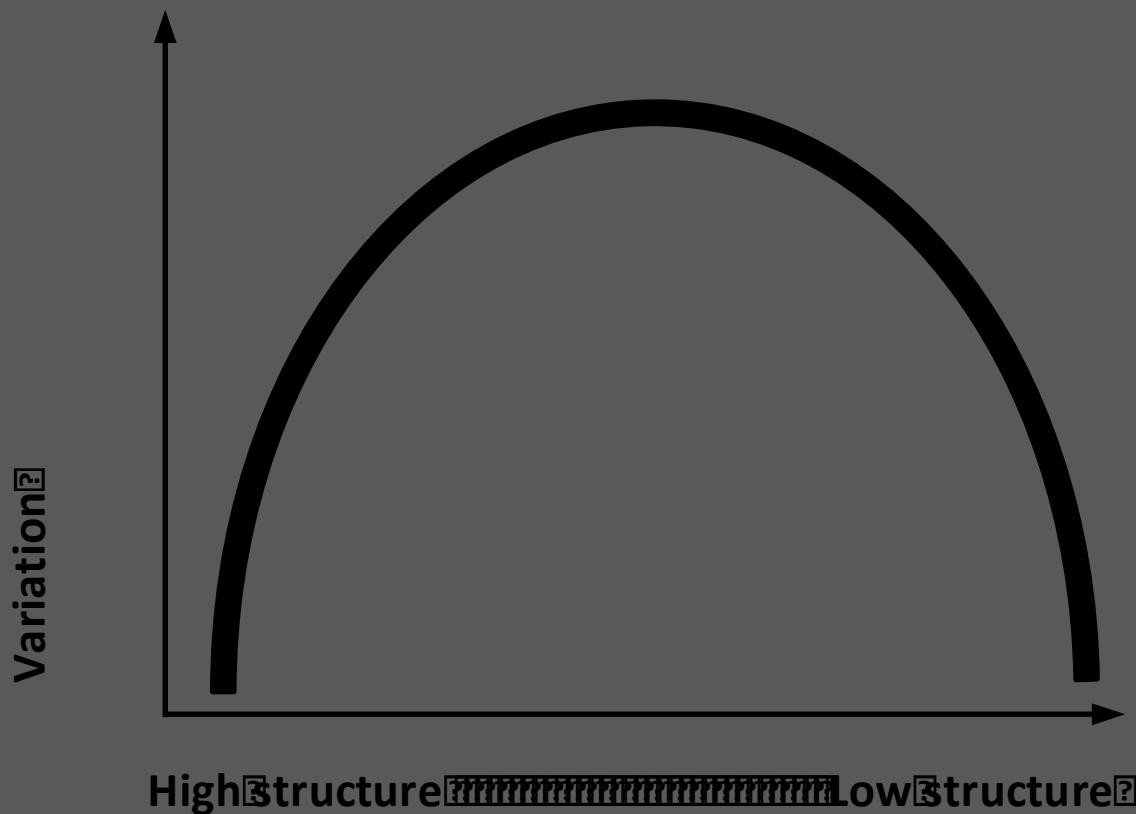
Ordening

Hoge mate van
structuur

Lage mate van
structuur

Variatie

Verscheidenheid in formele kenmerken,
interactie met eigenschappen van het beeldend
materiaal in 1 en over meerdere beeldend
producten



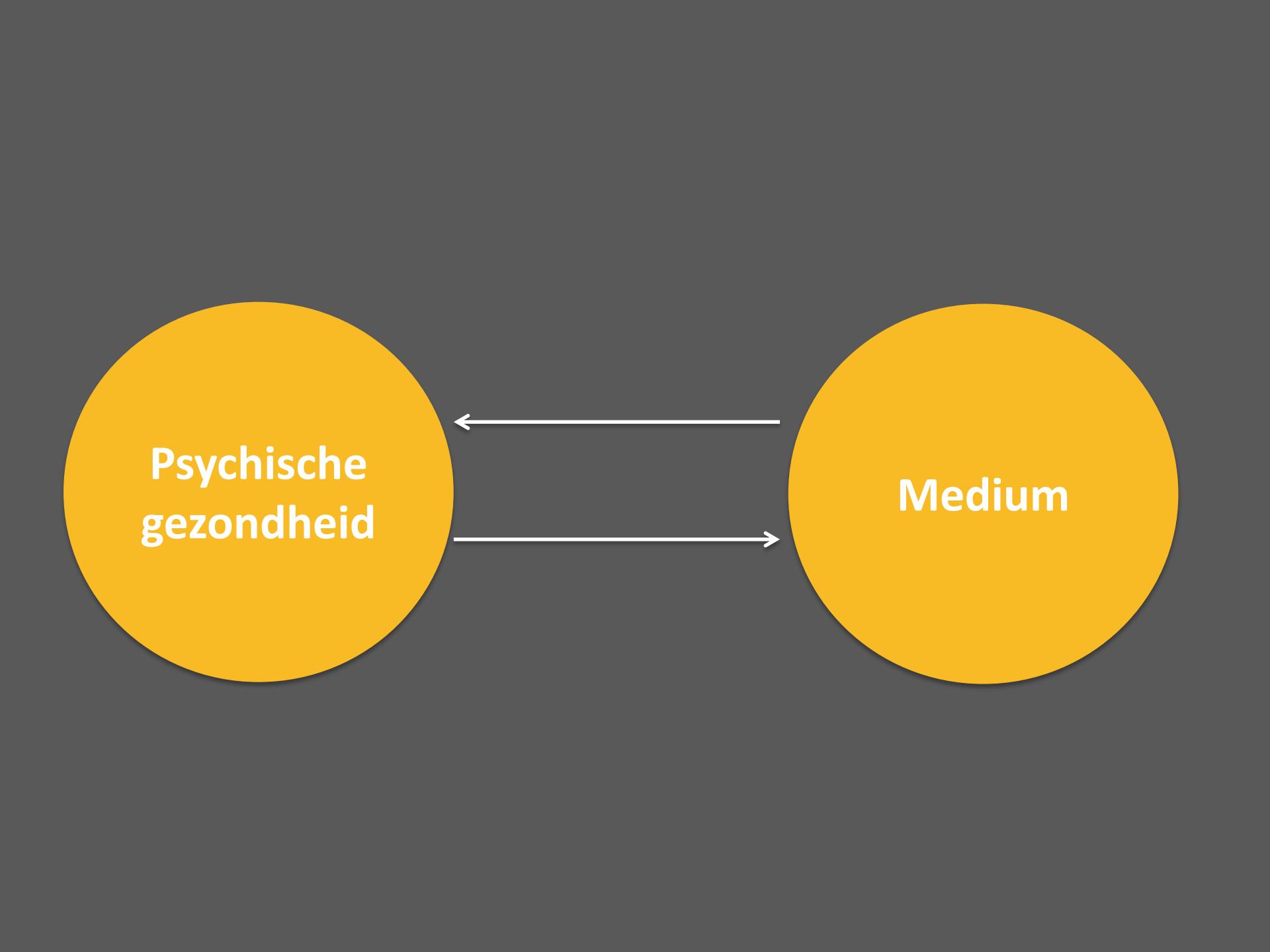
Psychische gezondheid

- **Flexibiliteit**

- Cognitie - emotie
- Creativiteit



Indicatief voor behandeling
Waar zit ontwikkelruimte?



Psychische
gezondheid

Medium



Het lijkt er ècht op van wel...



Bedankt voor
jullie
aandacht

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