



KenVaK - international advisory board meeting

Welcome!

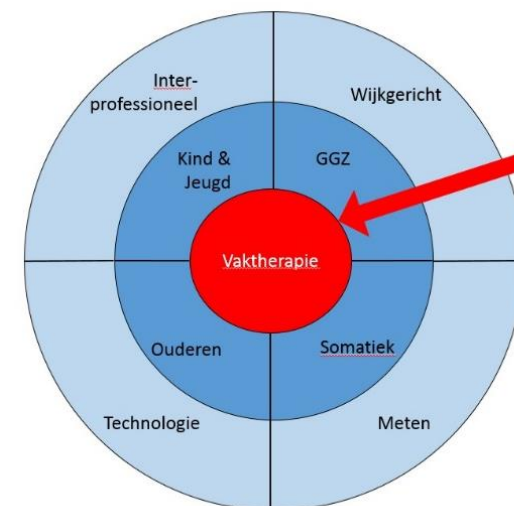
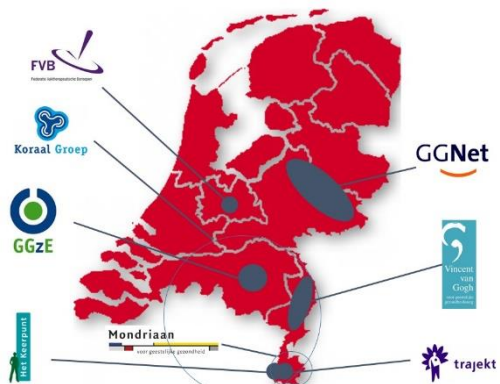
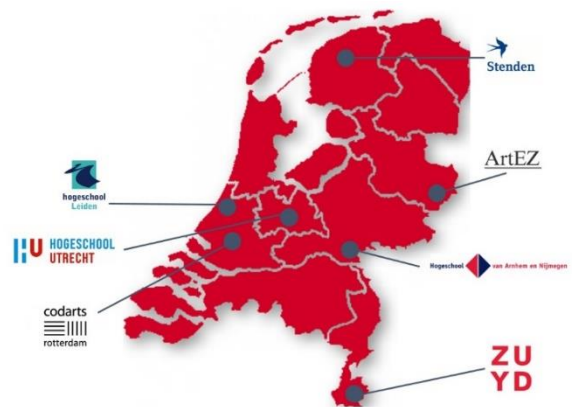
13-9-2017 Krakow



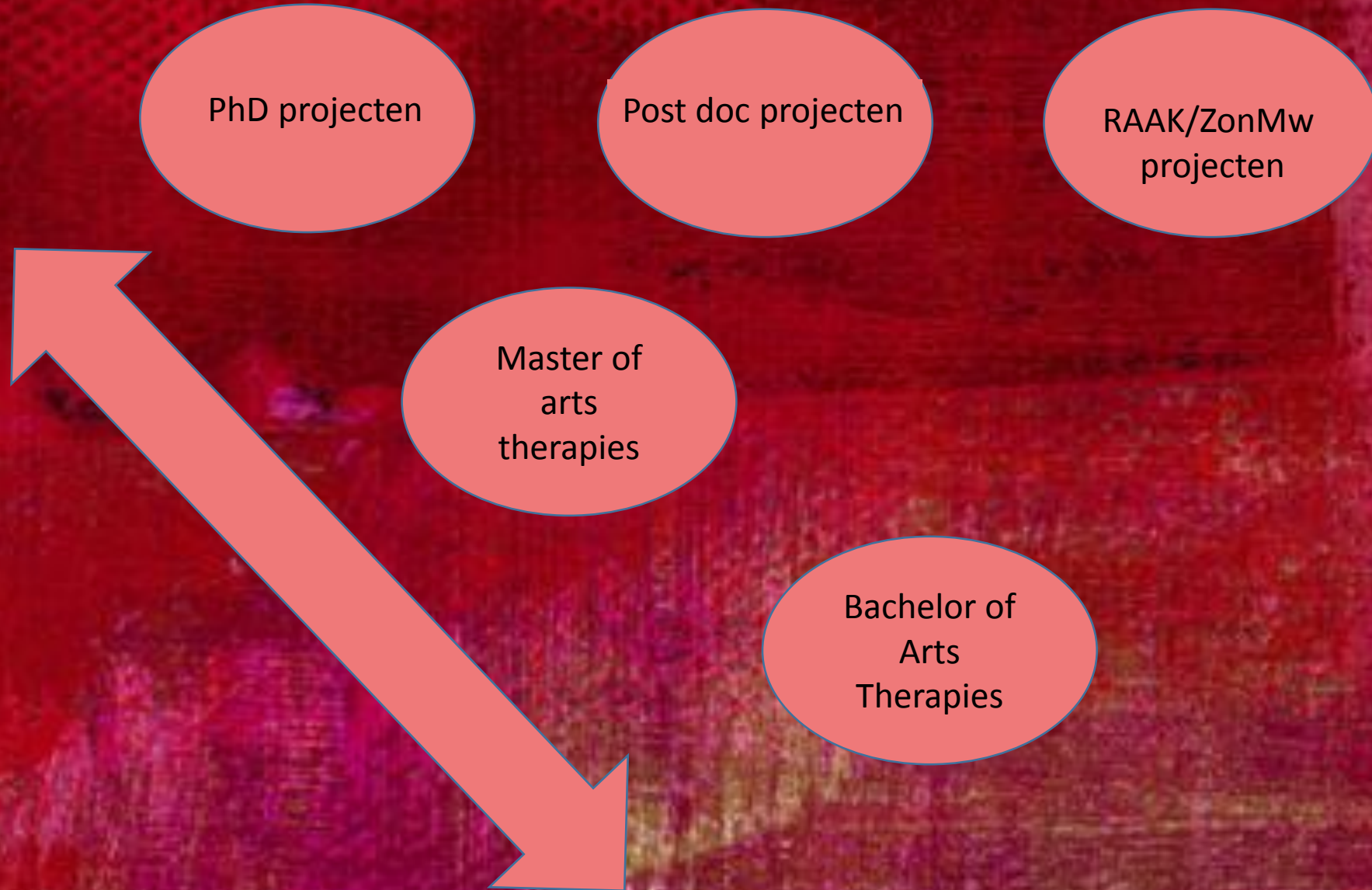
Introducing

Maria, Wouter, Robert

Joining later: Nisha, Rosemarie Samaritter, Marc Willemsen



- 7 Promotietrajecten**
1. Elisabeth Dumont
 2. Suzanne Haeyen
 3. Sonja Aalbers
 4. Ingrid Penzes
 5. Celine Schweizer
 6. Martina de Witte
 7. Karin Schouten





rijksuniversiteit
 groningen



UNIVERSITEIT VAN AMSTERDAM

Open
Universiteit



Expertisecentrum
voor innovatieve zorg
en technologie

E1zt+

Radboud Universiteit



Trimbos
instituut



ZonMw

codarts
rotterdam

ZU
YD

hogeschool
Leiden

Stenden

HU HOGESCHOOL
UTRECHT

Hogeschool van Arnhem en Nijmegen

Koraal Groep

GGNet

Mondriaan
voor geestelijke gezondheid

FVB
Federatie Vaktherapeutische Beropen

GGZE

GGZ Friesland

dichterbij
We dagen ieder mens uit!



Cooperative association/society



Program

2017 Krakow

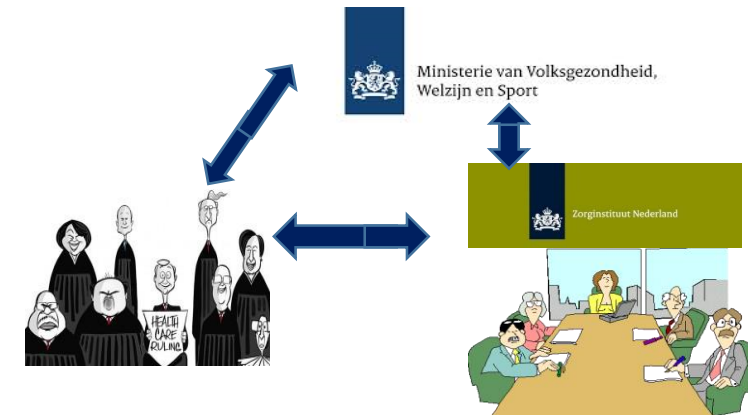


<i>9.30 – 10.00</i>	<i>Coffee</i>
<i>10.00 - 10.30</i>	<i>Welcome and introduction of the three themes by Susan</i>
<i>10.30 – 11.30</i>	<i>Theme 1 studying the effects of arts therapies</i> <i>Suzanne, Martina, Vicky, Joshua</i>
<i>11.30 – 11.45</i>	<i>Short break</i>
<i>11.45 – 13.00</i>	<i>Theme 2 studying the working factors in the field of arts therapies</i> <i>Sabine, Celine, Dimphy, Kathinka, Simone</i>
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<i>14.30 – 15.30</i>	<i>Future directions for research in the field of arts therapies</i> <i>David, Ditty, Lisa</i>
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Themes of the day; the context

- Dutch research agenda on arts therapies and psychomotricity
- Ministry of health, welfare and sport
 - ZIN: only effective care will be paid by government
 - Until now, arts therapies in mental health care treatment is paid by government
 - “More evidence for arts therapies is needed”
 - “added value of arts therapies in treatment programs”
 - “In 2020 decision about the effectiveness of arts therapy”
 - “Collaboration with ‘regular’ universities”
 - “Mental health care institutions should take responsibility”



WAR



A lot of actions

research

education

clinical practice

Roadmap Vaktherapie 2025

Main goal: a stronger position and profile for the arts therapies in the Netherlands

Sub goals:

- Formulating a roadmap with priorities for education, research, and clinical practice
- Substantial lobby (government, mental health care institutions, patient organisations, health insurance organisations)
- Starting a support group with directors, managers, psychiatrists, psychologists, professors

Clinical practice

Goals:

- Further development of a national 'Generic Modules'
- Registration in Wet BIG (legally protected title)
- Project 'Collaborating with researchers of mental health care institutions'
- Project 'Diner Pensant with Patiënt organisations'
- Lobby (patients, senior researchers, directors and psychiatrists-psychologists)
- Searching for funding

Research

Goals:

- Implementation of the research agenda
- Project 'Research and education'
- Lobby
- Searching for funding and applying for grants

Education

Goals:

- Government funding for master education
- Changing title of bachelor programs
- Project 'Research and education'
- Educational activities in line with research programs
- Lobby
- Searching for funding



Research agenda for the professions of arts therapists and psychomotor therapists

- Focus on mental health care
- Stimulating new research
- More focus
- Based on gaps in literature, possibilities in clinical practice, and actual developments
- More collaboration
- Clear timeframe



Research agenda for the professions of arts therapists and psychomotor therapists

Three criteria for new projects:

- Scientific base → Chapter 2 (Scoping review, with other criteria than the META VU review)
- Relevance for clinical practice/societal impact
- Feasibility (especially in time)



Theme 1 studying the effects of arts therapies

Goals for 2020:

12 interventions will be described based on clinical practice and scientific evidence;

12 interventions will be studied using systematic reviews or meta-analyses.

The effects of 18 interventions will be studied using RCT design;

16 studies are initiated focussing on the effects of interventions.

These goals will only be achieved when there are sufficient finances!



Theme 2 studying the working factors in the field of arts therapies

Goal for 2020:

More insight in the working factors and working mechanisms of specific interventions

Subgoals:

Research line in which psychophysiological measurements, movement registration, and imaging technics are involved to investigate the working factors;

At least two studies published on psychometric characteristics of specific measurements for one of the arts therapies or psychomotricity (AT, body awareness)

These goals will only be achieved when there are sufficient finances!



Theme 3 studying the perspectives of clients and professionals working with arts therapists

Goals for 2020:

- Insight in the perspective of patient on specific interventions (in collaboration with patient organisations)
- Insight in the perspective of other professionals on specific interventions

Doelen	2017	2018	2019	2020	2021-2025	na 2025
1.1 Onderbouwde beschrijvingen						
4 Danstherapeutische interventies						
6 Dramatherapeutische interventies						
3 Beeldende therapeutische interventies						
4 Muziektherapeutische interventies						
5 Psychomotorische therapeutische interventies						
1.2 Reviews en meta-analyses						
1. Beeldende therapie bij angst en depressie bij mensen met kanker						
2. Werkzame factoren binnen dans-bewegingstherapie						
3. Dramatherapie bij internaliserende problematiek						
4. Werkzame factoren binnen dramatherapie						
5. Muziektherapie bij mensen met LVB en gedragsproblemen						
6. Muziektherapie bij depressie en stemmingsstoornissen						
7. Muziektherapie bij traumabehandeling						
8. Muziektherapie bij verslavingsproblematiek						
9. PMT bij trauma						
10. PMT bij somatoforme stoornissen						
11. PMT bij persoonlijkheidsstoornissen						
12. PMT bij ouderen met depressie in de GGZ						
13. PMT bij verslaving						
14. PMT voor volwassenen met autisme						
1.3 Effect-studies afgerond in 2020						
1. Beeldende therapie bij persoonlijkheidsproblematiek						
2. Beeldende therapie bij PTSS						
3. Beeldende therapie bij angstklachten						
4. Dans-bewegingstherapie bij ASS						
5. Dans-bewegingstherapie bij persoonlijkheidsproblematiek						
6. Muziektherapie bij depressieve klachten						
7. Muziektherapie bij mensen met dementie en gedragsproblemen						
8. Muziektherapie bij PTSS bij mensen in een PI						

Doelen	2017	2018	2019	2020	2021-2025	na 2025
9. Muziektherapie bij ASS						
10. Psychomotorische therapie bij eetstoornissen						
11. Psychomotorische assertiviteitstraining bij psychotische mensen						
12. PMT en schematherapie bij ouderen/volwassenen met depressie						
13. Activering met PMT bij EPA						
14. PMT bij PTSD						
1.4 Effect-studies gestart voor 2020						
1. Beeldende therapie bij stressklachten						
2. Beeldende therapie bij depressie						
3. Beeldende therapie bij persoonlijkheidsstoornissen						
4. Beeldende therapie bij gecompliceerde rouw						
5. Dansbewegingstherapie bij somatische symptoomstoornis						
6. Dramatherapie bij sociale angst						
7. Dramatherapie bij angststoornissen						
8. Dramatherapie bij persoonlijkheidsstoornissen, cluster B						
9. Muziektherapie bij ADHD						
10. Muziektherapie bij psychotische problematiek						
11. Muziektherapie bij mensen met burn-out						
12. Muziektherapie bij persoonlijkheidsstoornissen						
13. PMT bij volwassenen met autisme						
14. PMT bij eetstoornissen gericht op lichaamsbeleving						
15. PMT bij persoonlijkheidsstoornissen						
2.1 Werkingsmechanismen						
2.1.1 Onderzoekslijn werkingsmechanismen						
2.1.2 Meetinstrumenten						
– Lichaamsbeleving en lichaamsbewustzijn						
– SERATS (beeldende therapie)						
3.1 Waarde volgens patiënten						
3.2 Waarde volgens zorgprofessionals						



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Exchanging results, methodology and products for education, research and practice

Reflecting on the main themes of the research agenda based on your own research or your ideas & experience

Reflecting on the future directions for researching arts therapies

→ Inspiring each other



- Defensive
- Prove you're right



- Internal drive
- Curiosity

Linking with other domains
Collaboration



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