



KENVAK International Advisory Board

Palermo 15/16 September 2015

Ditty Dokter PhD: ARU, KENVAK,
Codarts

Research projects: work in progress

- DMT & SOLK grant application to RAAK (crossref Ina and Simone presentation)
- DT Intercultural good practice guidelines (crossref Nisha presentation)
- Autobiographical performance research
- DT vignette research with Prof. Phil Jones, Institute of Education, London University

DMT & SOLK

- Process of finding clinical partners to finalise grant application to RAAK for care innovation projects to develop DMT intervention for clients with somatically unexplained problems
- Initial link with Helen Payne's MUS project (now accepted as part of UEA clinical trials) through training. Given settings Dutch DMTs work in and approaches used, parallel development has been opted for (see Ina & Simone presentation)

DT intercultural good practice guidelines

BADth Equality and Diversity committee had drafted guidelines which are on the website, but which need further consultation and finalising. Over past year there has been collaboration between NADTA and BADth. NADTA launches guidelines at upcoming October conference (see Nisha presentation). BADth is developing consultations in coming year with aim to launch its guidelines at BADth annual conference 2016, which will have Equality and Diversity focus.

Autobiographical performance research

- Phenomenological interviewing of graduates of three dramatherapy training programmes in UK. Outcomes on certain themes published with Alida Gersie in Johnson, Pendzik et al eds (2016) *Self in performance*, McMillan Pubs
- Arts based research autobiographical performance 'Finding home' (9.9.2015, developed with creative project group 2014/5 www.moveintolife.org); findings to be compared / contrasted with interview data and presented as publication to *Arts in Psychotherapy*
- Performance to be adapted from site specific to other venues with involvement of students for performance at BADth conference 2016

DT Vignette research

- Aim: to investigate the ways in which dramatherapists understand the nature of therapeutic change
- Previously used in Jones 2008, 2010 to research core DT change processes (example refugees Doonan 2008, internally displaced Colkett 2008, US migrants Sajani 2010)
- UK findings intercultural vignettes published in Dokter & Zarate eds (2016) *Intercultural arts therapies research*, Routledge in press
- Follow up research: Australia, US and Canada, South Korea, South Africa and Netherlands. Ethics approval obtained and initial participant recruitment in progress