Ecarte
pre conference
meeting
KenVaK

## Research Methods: Arts based Research

Sabine Koch Rosemarie Samaritter

#### ARTS-INFORMED RESEARCH (AIR)

#### Clarification of meanings:

- artistic research/enquiry
- arts-based research/enquiry
- arts-informed research/enquiry

For the purpose of this pitch:

ARTS BASED RESEARCH (ABR)

#### Terminological babylon for ABR (Leavy, 2017)

#### TABLE 1.1. Partial Lexicology of Terms for Arts-Based Research

A/r/tography

Alternative forms of representation

Aesthetically based research

Aesthetic research practice

Art as inquiry

Art practice as research

Art-based enquiry

Art-based inquiry

Art-based research

Artistic inquiry

Arts-based research (ABR)

Arts-based social research (ABSR)

Arts-based qualitative inquiry

Arts in qualitative research

Arts-based educational research (ABER)

Arts-based health research (ABHR)

Arts-based research practices

Arts-informed inquiry

Arts-informed research

Critical arts-based inquiry

Living inquiry

Performative inquiry

Performative social science (PSS)

Poetic science

Practice-based research

Research-based art (RBA)

Research-based practice

Scholartistry

Transformative inquiry through art

*Note.* From Chilton and Leavy (2014). Copyright © 2014 Oxford University Press. Adapted and updated by permission.

→ "Arts-based Research" (ABR) as umbrella term

In German:

Kunstbasierte Forschung, künstlerische Forschung, ästhetische Forschung, etc.

## ALANUS HOCHSCHULE FÜR KUNST UND GESELLSCHAFT



# Was ist arts-based research (ABR)? (Leavy, 2017)

The umbrella term for a research method, which employs the arts to answer espistemological questions (knowledge and research questions).

→ there must be an epistemological purpose

New insights into research questions and phenomena (scientific innovation) requires **new methods** (Hesse-Biber & Leavy, 2006, 2008), and new ways of seeing, hearing, sensing, thinking, feeling and comunicating. ABR (Leavy, 2017) is a method at the interface of arts and sciences, which is **awaiting ist further differentiation** and deliniation in the canon of scientific methods (Koch, 2017).

### Epistemology

#### The arts' paradigm of "knowing"

Aritstoteles/Vico/Wittgenstein/Shotter/Dewey/McNiff/Wigram

- Experiential
- General aspects of the arts: aesthetics/modalities/formation/intersubjective/etc
- Specific aspects of the arts modalities

#### ABR methods

- How can the arts inform the research process?
- How can the arts inform the representation of research?

- -> informed through arts related processes
- -> informed through arts-related forms

(Samaritter, 2018)

#### Example for a technique

(in clinical work as well as in research)

## Aesthetic Answering

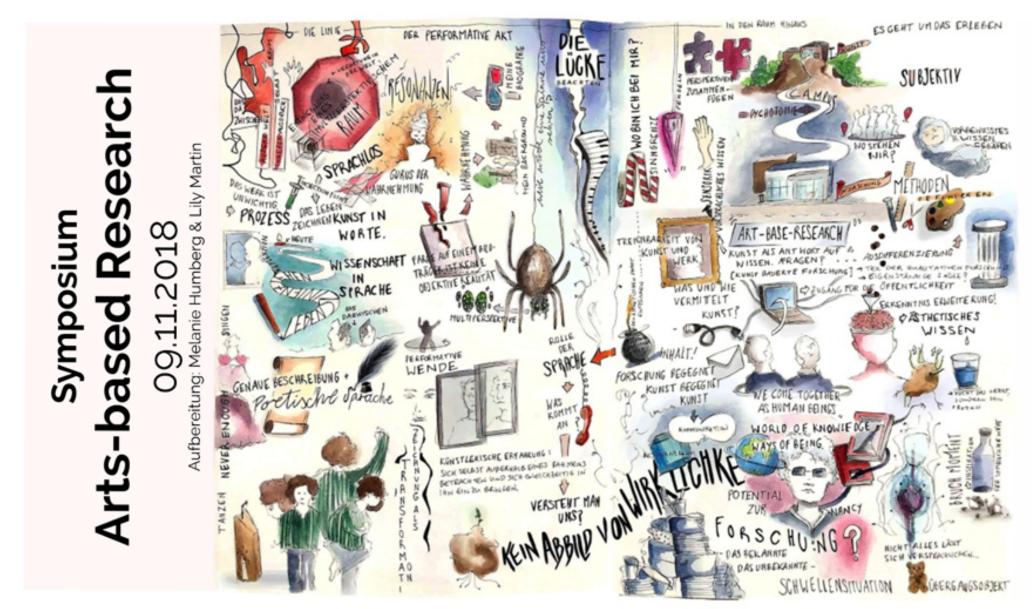
Dr. Marianne Eberhard-Kächele

...form of ABR using embodied resonance between patient and therapist (researcher and participant) (related to C. G. Jung's use of intuition): Art provides holding (Eberhard, 2008).

"...The researcher responded to the improvisation of the participant (same conditions) in the format of an *aesthetic answer* (Eberhard-Kaechele, 2011); that is, she **expressed artistically (mostly in movement, adA) what moved inside of herself in response to the participant's creation in form of a dance or a song, a painting or a poem, or a combination of those; she expressed what she <b>experienced to be essential in the creation of each participant**. After the aesthetic answer, the participant and the first author phrased another expression capturing their experience."

Lange, Hartmann, Eberhard & Koch, 2019: Ästhetisches Antworten In J. Tantia (2019), Embodied research methods. NY: Routledge.

#### Link to Prezi: <a href="https://prezi.com/view/qNvJplr9jp8Q4pB5XQzm/">https://prezi.com/view/qNvJplr9jp8Q4pB5XQzm/</a>



© Zeichnung: Christina Hunold; Fotografien: Talia Machi Martinez

# J. Kritz: ABR — A method in ist own right? (in: Tüpker, Gruber & Petersen, 2011, Forschungsmethoden d. KüTh)

Next to (a) quantitative and (b) qualitative methods, the arts and arts therapies define (c) "arts-based research" methods. These categories serve as a reference point, yet are not clearly differentiable among/from each other.

→ it is crucial to define quality criteria (and establish solid differential definitions)

#### Quality criteria ABR

Coles & Knowles (2007)/McNIff (2014):

- Intentionality
- Researcher's presence
- Aesthetic quality
- Methodological commitment
- Holistic quality
- Communicability
- Knowledge advancement & contribution

#### Gains?

Discussion: AIR -> pro - con?

Limitations?

#### Selected references:

- Barone T, Eisner EW (eds) (2012) Arts based research. Sage Publications, Los Angeles
- Eaves, S. (2014). From Art for Arts sake to Art as means of knowing: A rationale for advancing arts-based methods in research, practice and pedagogy. Electronic Journal of Business Research Methods, 12(2), 147-159.
- Finley S (2008) Arts-based research. In: Knowles JG, Cole AL (eds) Handbook of the arts in qualitative research: perspective, methodologies, example and issues. Sage Publications, Thousand Oaks, 71-81.
- Heras, M. & Tàbara, J.D. (2014) Let's play transformations! Performative methods for sustainability, Sustainability Science (2014) 9: 379. https://doi.org/10.1007/s11625-014-0245-9
- Knowles J, Cole A (2008) Arts-informed research. In: Knowles JG, Cole AL (eds) Handbook of the arts in qualitative research: perspective, methodologies, example and issues. Sage Publications, Thousand Oaks
- Koch, S.C.(2017) Arts and health: Active factors and a theory framework of embodied aesthetics. Arts Psychother. 54, 85–91.
- Lange, Hartmann, Eberhard & Koch, 2019: Ästhetisches Antworten In J. Tantia (2019), Embodied research methods. NY: Routledge.
- Leavy, P. (2017). Handbook of Arts Based Research. Guilford Press.
- McNiff S (2008) Arts-based research. In: Knowles JG, Cole AL (eds) Handbook of the arts in qualitative research: perspective, methodologies, example and issues. Sage Publications, Thousand Oaks, pp 83–92
- McNiff, S. (2013). Introduction: A critical focus on art-based research. Journal of Applied Arts & Health, 4(1), 5-12
- O'Donoghue, D. (2009). Are we asking the wrong questions in arts-based research? Studies in Art Education, 50(4), 352-368.
- Phillips, D.C. (2005). Art as Research, Research as Art. Educational Theory, 45(1), 71-84
- Samaritter, R. (2018). The Aesthetic Turn in Mental Health: Reflections on an Explorative Study into Practices in the Arts Therapies. *Behavioral Sciences*, 8(4), 41. doi:10.3390/bs8040041
- Samaritter, R. (2019). Arts Therapies facing the challenge: in search for the aesthetic. Paper presented at Ecarte conference Alcala; submission to follow.